

Race Date  
May 11, 2024

# 24 Heart & Sole Triathlon

## Age Group Results

### Default Division

#### Female Open Winners

Place					----- Swim -----		T1		----- Bike -----			T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Erin Rock	22	46	2	6:46.0	29:26	0:41.0	2	44:36.9	20.2	0:52.3	1	23:56.5	7:43	1:16:53.0
2	11	Taylor Kavanaugh	7	30	1	5:31.7	24:02	0:34.2	1	44:10.0	20.4	0:50.5	2	26:46.4	8:38	1:17:53.0
3	26	Heidi Holtzman	26	44	3	6:51.5	29:49	0:44.7	3	48:34.6	18.5	0:55.9	3	31:08.8	10:03	1:28:15.6

#### Male Open Winners

Place					----- Swim -----		T1		----- Bike -----			T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Matt Shane	15	50	2	6:23.9	27:49	0:54.6	2	41:09.4	21.9	0:30.9	2	24:22.0	7:52	1:13:21.0
2	2	Jeff Oldham	18	39	3	6:43.9	29:16	0:52.9	3	42:14.6	21.3	0:37.4	1	23:16.5	7:30	1:13:45.5
3	3	Matthew Wong	110	38	1	5:29.4	23:53	0:23.3	1	40:58.2	22.0	0:30.3	3	27:37.4	8:55	1:14:58.7

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## Age Group Results

### Default Division

#### Female 15 to 19

Place		Name	Bib No	Age	Swim		T1			Bike		T2		Run		Total
Overall					Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	28	Sarah-Louise Hosey	103	16	1	6:45.5	29:23	0:50.1	1	51:58.2	17.3	0:35.8	1	28:39.5	9:15	1:28:49.3

#### Male 15 to 19

Place		Name	Bib No	Age	Swim		T1			Bike		T2		Run		Total
Overall					Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	32	Joshua Woude	33	17	1	7:02.7	30:38	1:40.6	1	55:38.5	16.2	0:24.6	1	24:48.5	8:00	1:29:35.0

#### Female 20 to 24

Place		Name	Bib No	Age	Swim		T1			Bike		T2		Run		Total
Overall					Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	89	Ruth VandenBerg	27	24	1	7:40.0	33:20	2:19.6	1	1:09:40.3	12.9	1:39.3	1	41:34.0	13:25	2:02:53.3
2	94	Mckenna Pou	71	24	2	10:02.6	43:40	3:12.2	2	1:10:11.2	12.8	1:04.9	2	42:31.4	13:43	2:07:02.5

#### Male 20 to 24

Place		Name	Bib No	Age	Swim		T1			Bike		T2		Run		Total
Overall					Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Andrew Biddle	45	23	1	8:15.5	35:54	1:01.7	1	45:57.5	19.6	0:52.5	1	19:49.6	6:24	1:15:57.0
2	62	Jacob Baehner	50	24	2	9:31.6	41:25	2:03.1	2	1:08:32.4	13.1	1:27.7	2	22:53.9	7:23	1:44:28.9

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### Age Group Results

#### Default Division

#### Female 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	43	Courtney Ferrante	11	26	1	6:03.9	26:22	1:17.8	1	52:50.8	17.0	0:56.3	1	31:25.0	10:08	1:32:33.9
2	70	Tereza Janatova	62	29	2	10:31.6	45:46	4:13.6	2	56:00.0	16.1	1:51.5	2	35:19.1	11:24	1:47:56.0

#### Male 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	24	Isaac Rowe	3	27	1	5:32.8	24:07	2:24.9	4	54:11.7	16.6	0:27.7	1	24:52.7	8:02	1:27:30.0
2	30	Samuel Tebos	88	29	5	8:59.3	39:05	1:16.6	1	51:46.4	17.4	1:45.9	2	25:34.8	8:15	1:29:23.0
3	42	Dalton Scales-Conklin	47	28	4	8:53.7	38:41	1:19.2	2	53:17.9	16.9	1:05.6	4	27:41.4	8:56	1:32:18.0
4	58	Michael VandenBerg	42	25	3	7:35.8	33:02	2:35.3	5	1:03:57.3	14.1	1:52.4	5	27:47.9	8:58	1:43:48.9
5	68	Nick Waun	93	27	6	9:38.8	41:57	2:35.3	3	53:27.1	16.8	1:24.8	6	40:13.3	12:59	1:47:19.5
6	75	Nicholas Rowe	6	25	2	6:42.9	29:12	3:25.4	6	1:14:27.2	12.1	0:36.8	3	27:13.3	8:47	1:52:25.8

#### Female 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	36	Anna Balassa	4	31	1	5:34.5	24:14	2:55.8	2	50:58.6	17.7	1:49.2	2	29:21.2	9:28	1:30:39.5
2	54	Rebecca Barling	75	30	7	12:50.2	55:49	2:09.2	4	1:01:17.9	14.7	1:36.5	1	24:37.0	7:56	1:42:31.1
3	55	Sandi Mccoy	78	34	6	12:06.0	52:37	2:19.0	1	48:38.0	18.5	1:20.0	6	38:24.0	12:23	1:42:47.0
4	56	Alexis Smith	48	30	3	8:23.1	36:27	2:33.1	3	58:33.8	15.4	1:06.1	4	32:52.6	10:36	1:43:28.9
5	66	Lindsey Nolan	40	32	2	7:51.6	34:11	1:20.3	5	1:01:38.0	14.6	1:48.6	5	33:48.6	10:54	1:46:27.2
6	88	Alexis Morgan	60	32	5	12:00.8	52:14	3:48.6	6	1:12:11.6	12.5	1:59.1	3	31:05.8	10:02	2:01:06.0
7	100	Ashlee Brown	36	33	4	8:57.5	38:57	4:28.2	7	1:19:44.0	11.3	0:58.0	7	47:51.7	15:26	2:21:59.6

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## Age Group Results

### Default Division

#### Male 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	22	Madison Latter	2	32	1	5:39.5	24:36	1:07.9	4	52:53.3	17.0	0:59.9	1	24:34.1	7:56	1:25:15.0
2	25	Kyle Sutter	35	30	4	8:05.6	35:12	1:05.8	1	52:05.3	17.3	0:47.8	3	26:05.2	8:25	1:28:09.9
3	27	Tyler Smith	32	33	3	6:42.0	29:08	2:42.7	5	53:19.9	16.9	0:56.2	2	24:54.9	8:02	1:28:35.8
4	33	Matthew Schumann	9	34	2	6:18.9	27:28	1:04.7	2	52:19.8	17.2	0:31.7	5	30:06.9	9:43	1:30:22.2
5	38	Jack Manzella	100	30	5	8:13.9	35:48	2:55.6	3	52:20.1	17.2	0:30.1	4	27:12.7	8:47	1:31:12.7
6	50	Drew Sneeringer	90	31	7	10:01.4	43:35	1:36.2	6	54:15.0	16.6	0:23.1	6	30:14.9	9:45	1:36:30.8
7	72	Blake Nolan	99	32	6	8:36.0	37:24	2:16.3	7	1:00:10.1	15.0	1:23.7	8	36:03.4	11:38	1:48:29.7
8	86	Kangwook Noh	111	33	8	18:07.8	78:50	1:20.9	8	1:04:50.5	13.9	1:16.5	7	32:17.8	10:25	1:57:53.6

#### Female 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	40	Louise Murphy	58	36	1	9:00.6	39:11	1:58.3	1	51:49.5	17.4	1:36.4	1	27:27.7	8:52	1:31:52.8
2	57	Katheryn Fister	81	37	6	13:16.4	57:43	1:43.1	3	57:37.6	15.6	0:46.2	2	30:22.5	9:48	1:43:45.9
3	59	Natalie Sturdevant	105	38	3	9:26.4	41:03	2:58.7	2	57:03.8	15.8	1:04.2	4	33:32.8	10:49	1:44:06.2
4	73	Kara Curry	44	38	5	11:30.6	50:03	2:40.1	4	1:00:06.4	15.0	2:43.0	3	31:59.2	10:19	1:48:59.5
5	84	Andrea Breaux	51	35	2	9:10.6	39:54	2:36.7	5	1:08:19.2	13.2	1:26.2	6	35:51.4	11:34	1:57:24.4
6	85	Katy Gilliam	79	38	4	9:47.8	42:36	2:56.7	6	1:08:40.1	13.1	0:46.9	5	35:28.3	11:27	1:57:39.9

#### Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	8	Jacob Locknane	97	36	1	6:30.9	28:20	1:18.9	1	44:53.5	20.0	0:48.8	1	23:39.1	7:38	1:17:11.4

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## Age Group Results

### Default Division

#### Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	18	Todd Coleman	25	38	2	7:20.2	31:54	0:40.1	2	46:41.6	19.3	0:43.1	3	27:26.8	8:51	1:22:52.0
3	41	Thomas Newkirk	53	36	3	8:55.7	38:49	2:13.8	4	52:32.3	17.1	1:27.9	2	26:48.8	8:39	1:31:58.7
4	45	Dan Sturdevant	104	39	5	9:44.2	42:20	1:59.1	3	52:03.4	17.3	1:05.9	4	28:22.6	9:09	1:33:15.4
5	64	Jonathan Sifford	87	38	6	10:37.5	46:12	1:57.2	6	58:23.4	15.4	1:29.6	5	33:11.0	10:42	1:45:38.9
6	69	Brad Davis	94	38	4	9:29.3	41:15	2:09.2	5	54:11.1	16.6	0:54.6	7	40:58.1	13:13	1:47:42.6
7	79	Jonathan Wahl	57	35	7	10:40.5	46:25	1:51.7	7	1:03:57.5	14.1	0:41.6	6	37:28.5	12:05	1:54:39.9

#### Female 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	29	Erin Pifer	16	43	1	6:16.3	27:16	1:37.9	1	51:46.2	17.4	0:52.3	1	28:37.4	9:14	1:29:10.4

#### Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Bradley Bolen	13	43	4	6:33.7	28:32	0:50.4	2	43:32.2	20.7	0:25.4	3	24:29.0	7:54	1:15:51.0
2	13	Daniel Paz	102	42	3	6:29.0	28:11	0:17.4	1	43:20.7	20.8	0:35.7	5	28:50.6	9:18	1:19:33.6
3	21	Joseph Wiley	43	41	7	7:58.8	34:42	1:40.0	5	49:56.8	18.0	0:19.1	2	23:58.0	7:44	1:23:52.8
4	31	Joe Murphy	56	41	5	7:53.8	34:20	0:55.6	3	47:48.5	18.8	0:55.5	7	32:00.3	10:19	1:29:33.9
5	34	Yuri Zarate	29	44	6	7:58.5	34:41	2:39.1	7	54:49.5	16.4	0:20.4	4	24:38.5	7:57	1:30:26.2
6	37	Amore Fryman Jr	1	40	8	8:18.4	36:07	1:00.9	4	49:20.4	18.2	1:44.2	6	30:27.9	9:50	1:30:52.0
7	39	Charlie Pulliam	106	40	9	8:18.5	36:08	2:51.6	8	55:42.7	16.2	1:07.3	1	23:18.1	7:31	1:31:18.6
8	48	Chase Azevedo	14	42	2	6:18.9	27:27	1:24.0	6	53:10.6	16.9	0:53.9	9	33:40.3	10:52	1:35:27.9

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### Age Group Results

#### Default Division

#### Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
9	53	Adam Kring	5	44	1	5:15.9	22:54	3:37.6	9	58:59.3	15.3	1:57.0	8	32:39.5	10:32	1:42:29.5
10	83	Christopher Shearer	66	41	10	8:56.1	38:51	2:06.8	10	59:31.5	15.1	1:27.6	10	45:10.7	14:34	1:57:12.9

#### Female 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	46	Rachel Wilson	108	49	2	7:20.9	31:57	0:26.4	2	51:57.8	17.3	1:33.7	3	33:38.4	10:51	1:34:57.3
2	52	Jody Shoup	101	48	3	8:36.8	37:27	1:53.1	1	48:11.8	18.7	1:38.7	4	40:19.2	13:00	1:40:39.8
3	71	April Castle	21	49	5	10:55.8	47:31	4:53.4	3	1:00:53.0	14.8	0:46.9	1	31:00.2	10:00	1:48:29.4
4	77	Lee Staples	74	49	4	9:14.0	40:09	3:03.6	5	1:08:03.4	13.2	0:52.5	2	31:41.2	10:13	1:52:54.8
5	90	Laura Parker	12	45	1	6:19.5	27:30	1:39.7	4	1:05:26.3	13.8	1:49.7	5	47:52.9	15:27	2:03:08.2

#### Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	14	Zachary Moore	10	45	1	6:04.2	26:24	1:08.6	2	47:24.4	19.0	0:53.6	1	24:20.0	7:51	1:19:51.0
2	16	Brennan Donahoe	109	48	2	7:22.7	32:05	1:08.3	1	46:11.2	19.5	1:18.1	2	24:34.1	7:56	1:20:34.7
3	35	Ian Norris	69	46	4	9:11.9	40:00	1:35.3	3	53:05.1	17.0	1:05.8	3	25:36.4	8:16	1:30:34.6
4	65	Russell Greene	61	48	3	8:30.1	36:58	2:48.8	4	59:36.0	15.1	1:08.2	4	33:43.7	10:53	1:45:47.0

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## Age Group Results

### Default Division

#### Female 50 to 54

Place					----- Swim -----		T1	----- Bike -----			T2	----- Run -----		Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	44	Mary Beth Naumann	24	51	1	7:11.9	31:18	1:15.2	1	51:18.8	17.5	0:46.3	1	32:14.2	10:24	1:32:46.5
2	60	Kathryn Klope	38	51	2	7:49.2	34:00	1:17.9	2	54:46.9	16.4	0:47.1	2	39:31.7	12:45	1:44:13.0
3	92	Kristin Gardner	64	51	4	12:31.4	54:27	2:55.9	3	1:07:12.8	13.4	2:04.8	3	40:24.4	13:02	2:05:09.6
4	96	Kimberly Collins	73	51	3	11:29.4	49:58	3:17.7	4	1:13:32.5	12.2	1:21.9	4	40:47.8	13:10	2:10:29.6
5	99	Catherine Gulley	91	53	5	14:00.9	60:56	4:12.2	5	1:13:39.6	12.2	2:16.1	5	43:16.9	13:58	2:17:25.8

#### Male 50 to 54

Place					----- Swim -----		T1	----- Bike -----			T2	----- Run -----		Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	6	Brian Shay	30	52	2	7:15.8	31:35	1:17.0	2	43:39.0	20.6	0:51.5	1	22:59.4	7:25	1:16:03.0
2	9	Tim Godbey	39	51	3	8:50.6	38:27	0:45.5	1	41:50.3	21.5	1:00.7	3	24:46.8	8:00	1:17:14.0
3	20	Dwayne Lewis	34	52	1	7:00.8	30:30	1:26.1	3	50:29.8	17.8	0:38.5	2	24:07.9	7:47	1:23:43.4
4	76	Robert Castle	20	52	4	11:18.0	49:08	4:54.5	4	1:03:16.3	14.2	0:54.0	4	32:18.9	10:25	1:52:41.8

#### Female 55 to 59

Place					----- Swim -----		T1	----- Bike -----			T2	----- Run -----		Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	47	Jeness Campbell	37	55	1	8:10.8	35:34	0:53.6	1	52:21.9	17.2	0:51.5	1	32:57.9	10:38	1:35:15.9

Race Date  
May 11, 2024

## 24 Heart & Sole Triathlon

### Age Group Results

#### Default Division

#### Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	12	Charles Fell	23	59	3	6:50.3	29:44	0:55.6	2	44:27.2	20.2	0:26.9	1	26:30.8	8:33	1:19:11.0
2	15	David Emmert	19	57	2	6:48.8	29:38	0:38.2	3	45:41.9	19.7	0:37.9	2	26:38.0	8:35	1:20:25.0
3	19	Leon Sachs	17	57	1	6:15.3	27:12	0:44.0	1	42:22.6	21.2	0:40.5	4	32:57.4	10:38	1:23:00.0
4	23	Robert Phillips	107	56	5	8:00.9	34:51	1:43.0	4	47:57.8	18.8	0:54.6	3	28:17.8	9:08	1:26:54.3
5	63	Bryan Earnest	52	58	4	7:47.1	33:51	1:57.7	5	50:23.3	17.9	1:42.6	5	42:56.6	13:51	1:44:47.4
6	101	Rob Voorhees	83	59	6	12:35.3	54:44	4:52.3	6	1:27:38.8	10.3	1:06.6	6	49:02.1	15:49	2:35:15.3

#### Female 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	82	Mary Barling	76	61	1	10:17.6	44:45	4:29.3	1	1:06:03.7	13.6	1:19.1	1	33:49.4	10:55	1:55:59.3

#### Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Steve Stevens	41	64	1	8:04.2	35:05	0:50.8	1	46:13.4	19.5	1:09.7	1	26:28.8	8:33	1:22:47.0
2	49	mike ngong	112	60	4	13:23.3	58:13	1:23.7	2	53:06.1	16.9	1:08.7	2	27:22.8	8:50	1:36:24.8
3	67	Jerry Welch	68	61	2	10:03.4	43:44	2:05.6	3	53:25.9	16.8	1:23.6	4	39:52.3	12:52	1:46:51.0
4	74	Stuart Schrenger	77	61	3	11:26.9	49:47	2:35.4	4	1:01:18.2	14.7	0:23.9	3	35:56.6	11:36	1:51:41.3



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Age Group Results  
Default Division

Female 65 to 69

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	87	Marcy Rucker	63	65	2	10:17.4	44:44	3:01.4	1	59:33.0	15.1	0:53.3	1	47:08.8	15:13	2:00:54.2
2	97	Terri Friel	95	67	1	9:16.5	40:20	2:05.6	2	1:06:21.3	13.6	2:10.1	3	55:29.5	17:54	2:15:23.1
3	98	Lisa Culpepper	70	67	3	11:42.6	50:55	2:50.5	3	1:12:13.5	12.5	1:56.2	2	47:28.9	15:19	2:16:11.9

Male 65 to 69

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Jerry Coleman	28	66	1	6:58.8	30:21	0:18.6	1	45:12.2	19.9	0:45.8	1	24:10.4	7:48	1:17:26.0
2	51	Dan Stichnot	54	68	2	9:21.0	40:39	1:24.3	2	51:39.1	17.4	2:06.2	2	34:14.5	11:03	1:38:45.2
3	81	Jim Glesige	67	69	3	9:29.9	41:18	2:17.5	3	1:01:41.4	14.6	1:18.4	3	41:09.8	13:17	1:55:57.2

Male 70 to 74

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	78	Jackson Smith	96	70	1	9:24.4	40:54	2:33.3	2	1:03:03.3	14.3	1:09.1	1	36:48.4	11:52	1:52:58.7
2	93	Greg Clark	92	73	2	9:36.0	41:45	3:25.3	3	1:10:01.7	12.9	2:31.7	2	39:42.3	12:48	2:05:17.2
3	95	N.T. Ricker	55	74	3	10:02.8	43:41	3:27.1	1	1:00:55.7	14.8	2:06.6	3	50:53.8	16:25	2:07:26.2

Male 75 and over

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

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Default Division

Male 75 and over

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Swim Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	61	David Biddle	59	75	1	11:12.8	48:45	2:25.4	1	53:18.2	16.9	2:04.6	1	35:15.9	11:23	1:44:17.1
2	80	Jack Lynch	98	81	2	13:43.5	59:41	2:38.9	3	56:43.3	15.9	2:12.3	2	39:49.3	12:51	1:55:07.5
3	91	Russell Clarke	86	80	3	16:25.4	71:25	3:21.1	2	53:27.7	16.8	1:38.8	3	48:53.8	15:46	2:03:47.0